

Payton Henwood

#8

Height: 5' 6"
Weight: 145 lbs
Shoots: Right
Position: Forward
Birth Date: September 2, 2008
Grad Year: 2026



Hockey History

2023 – 2024	St. Mary's Academy Flames Prep Team (CSSHL)
2022 – 2023	AA Rangers Boys (Captain)
2022	Manitoba Xtreme, Team Alberta
2021 – 2022	AA Rangers Boys
2021	Manitoba Xtreme
2020 – 2021	AA Rangers Girls (Captain)
2020	Manitoba Xtreme
2019 – 2020	AA Rangers Girls (Assistant Captain)

Hockey Achievements

2023 – 2024	U18 POE Top 60
2022 – 2023	MVP Award Most Dedicated Award Leading Scorer Team Captain (Boys Rangers) NAHCC Champions – Manitoba Xtreme (Spring) Two-time NAHCC Champions – Manitoba Hurricanes (Spring) U-16 POE Top 68 Cooper Nemeth Memorial Invite Game
2021 – 2022	Rose Series Vegas – Team Alberta NAHCC Champions – Manitoba Xtreme (Spring) Coaches Choice Award (Starbuck Hockey Academy) Cooper Nemeth Memorial Invite Game
2020 – 2021	NAHCC Finalist - Manitoba Xtreme (Spring) Team Captain (Girls Rangers)
2019 – 2020	Assistant Captain (Girls Rangers)
2018 – 2019	Atom All-Star Game
2017 – 2018	City Championships (Rockets A1) Coaches Choice Award
2016 – 2017	City Championship Finalists Coaches Choice Award

Other Notable Achievements

Grades 5-10 Honour Roll

Current School

St. Mary's Academy | Winnipeg, Manitoba

Previous School

Shaftesbury High School | Winnipeg, Manitoba

Other Interests

Working Out, Soccer, Running, Reading, Quadding

Contact Information

Payton Henwood
Phone: 204-390-5908
Email: paytonhenwood87@outlook.com
Father: Brad Henwood
Phone: 431-276-2879
Email: bradhenwood1@hotmail.com

Mother: Tara Henwood
Phone: 204-998-4106
Email: tarahenwood@hotmail.com

