Payton Henwood #8

Height: 5' 6" Weight: 140 lbs Shoots: Right Position: Forward Birth Date: September 2, 2008 Grad Year: 2026

Hockey History

	2022 - 2023	AA Rangers Boys (Captain)
	2022	Manitoba Xtreme, Team Alberta
	2021 - 2022	AA Rangers Boys
	2021	Manitoba Xtreme
	2020 - 2021	AA Rangers Girls (Captain)
	2020	Manitoba Xtreme
	2019 - 2020	AA Rangers Girls (Assistant Captain)
	2018 - 2019	A1 Polar Bears
Hockey Achievements		
	2022 - 2023	MVP Award
		Most Dedicated Award
		Leading Scorer
		Team Captain (Boys Rangers)
		NAHCC Champions – Manitoba Extreme (Spring)
		Two-time NAHCC Champions – Manitoba Hurricanes (Spring)
		U-16 POE Top 68
		Cooper Nemeth Memorial Invite Game
	2021 - 2022	Rose Series Vegas – Team Alberta
		NAHCC Champions – Manitoba Extreme (Spring)
		Coaches Choice Award (Starbuck Hockey Academy)
		Cooper Nemeth Memorial Invite Game
	2020 - 2021	NAHCC Finalist - Manitoba Xtreme (Spring)
		Team Captain (Girls Rangers)
	2019 - 2020	Assistant Captain (Girls Rangers)
	2018 - 2019	Atom All-Star Game
	2017 - 2018	City Championships (Rockets A1)
		Coaches Choice Award
	2016 - 2017	City Championship Finalists
		Coaches Choice Award

Other Notable Achievements

Grades 5-9 Honour Roll, Citizenship Award

Current School

St. Mary's Academy | Winnipeg, Manitoba

Previous School

Shaftesbury High School | Winnipeg, Manitoba

Other Interests Soccer, Running, Reading, Quadding

Contact Information

Mother: Tara Henwood Phone: 204-998-4106 Email: tarahenwood@hotmail.com Father: Brad Henwood Phone: 431-276-2879 Email: bradhenwood1@hotmail.com

ST. MARY'S ACADEMY

www.smaflamesprep.ca



ZB

@SMAFlames