

Jason Panteluk

Associate Coach



Jason's extensive experience as an assistant coach in Winnipeg Minor Hockey includes:

- 2012- Present St. Mary's Academy Flames Prep Team
- 2011-2012 Interlake Lightning - Provincial Midget
- 2010-2011 Winnipeg Sharks - City Midget
- 2009-2010 Female Bantam AAA Summer Hockey
- 2009-2010 Interlake Lightning - Provincial Midget
- 2009-2010 Winnipeg Monarchs - Winnipeg Warriors - Bantam I - City Finalists
- 2008-2009 Winnipeg Monarchs - Bantam I - Bronze Medal Western Canadian Bantam Championships
- 2008-2009 2008-2009 Winnipeg Monarchs - Bantam I
- 2007-2008 Director's Cup Team Blue- Gold Medal Manitoba Winter Games
- 2007-2008 Winnipeg Monarchs - Bantam II - City Champs
- 2006-2007 Winnipeg Monarchs - Bantam II - City Finalists
- 2005-2006 Winnipeg Sharks - Bantam II
- 2004-2005 Interlake Lightning - Provincial Midget
- 2004-2005 Female Bantam A1- City Finalists
- 2004-2005 Winnipeg Warriors - Bantam I
- 2002-2003 Winnipeg Warriors - Bantam II - City Finalists

Jason has worked for Coach Larry Bumstead at Northwestern Hockey Camps for the last nine years. In 2011-12, he was also a guest coach with the University of Manitoba Bisons at their training camp and accompanied them on their European tour. Jason has also coached Pee Wee and Bantam Sidewinder Box Lacrosse.

Jason, a Gimli native, recently celebrated his 30th anniversary with his wife Laura and they are parents to a 26 year-old, married son and 22 year-old daughter. He is excited to return for his sixth season to the Flames Prep team, in charge of the defensive corps and also assisting with player evaluation and communication with scouts.

